

Student's Self-Description

Please think carefully about these questions. Your responses will be helpful in writing a recommendation that truly reflects the "individual behind the transcript."

Consider these questions as a guide. If there is other information that you feel you would like colleges to take into consideration when reviewing your application for admission, feel free to share that instead.

This is not a formal writing exercise: the emphasis is on content, not form. Feel free to respond to individual questions, write an essay or share bulleted points. Use whatever vehicle you are most comfortable with to communicate your response.

Name: _____ **Date** ____/____/____

1. What are your favorite interests and activities? What do you enjoy most about them?
2. Describe the single **academic** accomplishment from high school (major paper, project or experiment) of which you are most proud, and tell why you take such special pride in it.
3. Is there a **non-academic** accomplishment you also consider significant? If so, please share why you take special pride in it.
4. How would a close friend describe you?
5. How have you grown or changed during high school?
6. Is there any special circumstance or additional information you feel is important for the purpose of preparing your recommendation?

Your guidance counselor would also welcome receiving a list of your school and community activities (indicating the years in which you participated, as well as any leadership positions you have held). The list can also include any awards or honors you have received, any jobs you have held, and any special programs (academic, leadership, etc.) you have participated in.