



Sturgis Public Charter School
Sturgis West Athletic Department
Tel.: 508-771-2780 Ext. 407
E-mail: banand@sturgischarterschool.org

Season Information for
Boys & Girls Sailing

Dear Parents & Student-Athlete,

Welcome to the **Sturgis West sailing season**. This season a Co-op team will run between East and West. At this time the Sturgis Athletic Dept. has some oversight and some budgetary responsibility for the program that in previous years has been run as a club sport. Please take the time to read this season information letter carefully. There is a lot of information and we hope that this letter answers many of your questions. The official season begins on **Monday 20th March**. If you have questions feel free to contact the athletic office at any time.

Who can participate? This athletic season is open to grades 9-12. Sturgis has a no cut policy for its sports teams. We believe that the lifelong lessons imparted through an athletic program should be accessible to all. Swimming ability and comfort in the ocean is important for our athletes in the sailing program. A basic swim test will be conducted at the beginning of the season and this is a pre requirement for becoming a team member.

Practices There are a maximum of **5 scheduled practices/contests per week**. All athletes must attend every practice. Each athlete does need a **dry-suit, sailing/water shoes and appropriate layering**. Staying warm and having the right gear is important for athlete safety. If an athlete is unable to attend a practice, he / she should speak with the head coach. If a student is absent from school, please contact the coach directly.

Practice times and venues. Practices generally start at 3:30 PM and the venue is the Bass River Yacht Club in South Yarmouth. Practice will start at 3:30 and end at 6:00-6:30.

Fundraising. For the 2016-17 seasons team members are expected to support the fundraising activities that will defray the costs of the program. The sailing team will continue to host one annual fundraising dinner and auction. Students actively participate with the planning of this event and parent volunteers are always greatly appreciated.

Calendar A link to the weekly schedule and contests can be found on the school website: <http://www.sturgischarterschool.org/>. We encourage each student / parent to create a schedule star account. **Please note that there may be contests and school time may be missed for some contests.** If you wish to prioritize other events over this season, be proactive and talk with your coach.

Before signing up for an athletic season, each parent and athlete should read the online Athletic Parent Handbook. **By giving permission for your child to participate in this activity you understand and agree to the policies referring to;** Commitment; Health Related Forms; Submission of Paperwork; Attendance; Student Conduct and Behavior; Academics; Chemical Health; Transportation; Taunting, Hazing and Bullying; Uniforms **set out in the handbook**. The link can be accessed on the school website: <http://www.sturgischarterschool.org/>.

The sign up process involves **2 steps**:

1. Complete the Online Registration **closes on 14th February**. **Please complete this event if you are still not sure you wish to participate.**

2. Return the participation waiver and emergency contact form (if you have already listed the spring sport on a previous form you are all set) and a **\$150** participation fee by **March 15th**.

Kind regards

A handwritten signature in black ink that reads "Brij Anand". The letters are stylized and cursive.

Brij Anand,
Director of Athletics

A handwritten signature in blue ink that reads "Matthew Lee". The signature is written in a cursive, flowing style.

Matt Lee,
Assistant Director of Athletics